



## Feedback Challenge

List 6-9 (or more!) people who know you well in PROFESSIONAL LIFE:

_____	_____	_____
_____	_____	_____
_____	_____	_____

& 5-6 people who know you well in PERSONAL LIFE:

_____	_____	_____
_____	_____	_____

to whom you will ask this question ideally in person:

*"In your opinion, what do I do well as a communicator,  
and what do you sometimes wish I'd do differently?"*

No matter what their response, don't disagree or try to justify anything.  
Just kindly say, *"Thanks. I'll think about that."*

Document responses in exact words. What you learn will be a gift for growth.

### PROFESSIONAL LIFE RESPONSES:

### PERSONAL LIFE RESPONSES: