



### *Pro Moves for Mentors*

- 1 Set mutual relationship expectations.
- 2 Share your successes and failures and what contributed to each.
- 3 Give mentees tasks to complete and ask them to report back.
- 4 Commit meaningful time and energy.
- 5 Don't do all the talking.  
Prepare conversation-starter questions.
- 6 Verbalize what you learn from your mentee.
- 7 Provide challenging feedback, delivered with empathy.
- 8 Ask the mentee to set up the meetings and bring their current challenges.

*Good teaching comes from the identity and integrity of the teacher.*

Parker Palmer, educator, author, activist

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