



Pro Moves

- 1 Know your purpose - why are you presenting?
- 2 Design the close. Play your best card here.
- 3 Create a strong opening.
- 4 Build the body with facts, proof, and examples.
- 5 Add SPICE to hold interest.
- 6 Tailor content to fit your audience.
- 7 Create note cards if you want them.
- 8 Rehearse alone and in front of another person. Get feedback.

The greatest weapon against stress is our ability to choose one thought over another.

William James, first U.S. psychology educator

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PRESENTATION SKILLS